



# HIGHLANDS

SENIOR LIVING & HOME HELPERS



## WHO WE ARE

Highlands is your family away from home. We care for each resident as the unique individual they are and cater to their needs. We provide family-oriented environment dedicated to providing tender, quality care to the elderly.

This is a bridge from independence to the time when your loved once need more supervised care. Our primary focus and priority is our residents harmonious, happy, healthy and highly affordable living environment and their physical emotional and mental health.

We offer a range of activities to keep their body and mind stimulated and active.

## WHAT WE OFFER

- ✓ 24 hour staff
- ✓ Periodic Checks
- ✓ Daily Activities
- ✓ Scheduled Transportation Days
- ✓ Medication Management
- ✓ Bathing and grooming assistance
- ✓ In House Physician Services Available\*
- ✓ Housekeeping and laundry services
- ✓ Balanced meals tailored to each individual residents needs

*Where happy and healthy meets highly affordable living.*



50 Sumner Way, Jefferson, Ga 30549



706-387-7000

\*Services available through resident's private insurance

# ASSISTED LIVING SERVICES & AMENITIES

## Happy, Healthy and Highly Affordable

We build a positive community through empathy, respect, and a commitment to excellence. We create a warm and welcoming environment where residents can live life to the fullest.

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### *Residence Features*

- Studio, studio deluxe and companion suite floor plan options
- 24-hour monitored emergency response system
- Individually controlled thermostat
- Wifi
- Private bathroom
- Kitchenette with mini-refrigerator

### *Resident Care Services and Amenities*

- Assistance with activities of daily living such as bathing, daily hygiene and dressing
- Additional help with transfers and assistance to meals and activities
- Discreet personal care when needed
- Medication management assistance
- Personalized service plans, reviewed quarterly and on an as-needed basis by our Resident Care Coordinator
- Restaurant-style full service dining
- In-house physical, occupational and speech therapies
- Full service salon
- Well-rounded activities program
- Pet-friendly
- Scheduled transportation for local appointments and outings
- Weekly full-clean and linen service. Everyday light housekeeping
- Med-tech support available 24/7
- Emergency response and security system monitored 24/7



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# MEMORY CARE SERVICES & AMENITIES

## Happy, Healthy and Highly Affordable

Our trained and licensed professional offer 24-hour support to residents who need cognitive support, as well as everything that families need to be assured that their loved ones are safe.

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### *Residence Features*

- Studio, studio deluxe and companion suite floor plan options
- Individually controlled thermostat
- Wifi
- Kitchenette
- Private Bathroom

### *Resident Care Services and Amenities*

- Personalized memory care plans designed and reviewed quarterly and on an as-needed basis by our Resident Care Coordinator by working closely with the resident's physicians.
- Assistance with bathing and daily hygiene and dressing by trained memory care associates
- Medication assistance and management
- Continence care
- Secured and monitored entry and exit doors and fenced in courtyard
- In-house physical, occupational and speech therapies
- Well-rounded activities program
- Opportunities for physical, intellectual, social and spiritual enrichment
- Recreational and social programming and events tailored to individual enrichment
- Scheduled transportation for local appointments and outings
- Weekly full-clean and linen service. Everyday light housekeeping
- Emergency response and security system monitored 24/7



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# RESPIRE CARE SERVICES AND AMENITIES

## Happy, Healthy and Highly Affordable

We provide a safe environment with healthy meals and activities for elders who want to relax and have fun without the responsibilities of home maintenance.

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### *Residence Features*

- Studio, studio deluxe and companion suite floor plan options
- 24-hour monitored emergency response system
- Individually controlled thermostat
- Wifi

### *Resident Care Services and Amenities*

- Assistance with activities of daily living
- Additional help with transfers and assistance to meals and activities
- Medication management and assistance as needed
- Restaurant-style full service dining
- Well-rounded activities program
- Pet-friendly
- In house physical, occupational and speech therapies
- Full service salon
- Scheduled transportation for local appointments and outings
- Weekly full-clean and linen service. Everyday light housekeeping
- Emergency response and security system monitored 24/7



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# HIGHLANDS

SENIOR LIVING & HOME HELPERS

# REFERRAL PROGRAM



## *Old Friends New Neighbors*

Know anyone exploring retirement living?  
We would love to welcome them to our  
community!!

## Get/\$500 credit

after their first month in the community as  
our resident and your neighbor!!

## Help Your Friends and Get a Bonus!



# HIGHLANDS

SENIOR LIVING & HOME HELPERS



## *Respite Care*

Whether you are the family or a caregiver who needs a break or our loved one needs extra care while recovering from a recent hospital visit, our Highlands Senior Living team has you covered.

We provide a positive environment with highly committed team who takes care of your loved one for you to have peace of mind

### CHOOSE US FOR:

- Compassionate Care Staff
- Certified medical technicians
- Restaurant Style Meals
- Daily Fun Activities
- 24/7 and Friendly Neighbors

*Respite care starts  
at \$150 a day!  
Daily, weekly and  
monthly specials  
are available for  
longer stays!*



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HIGHLANDS



# HOME HELPERS

## ABOUT US

Highlands Senior Living is expanding its services to assist with your daily activities all from the comfort of your own home. Our skilled and qualified staff, working across our senior living facilities are dedicated to offering compassionate care as if you were a beloved member of our own family.

## OUR SERVICES

### Personal Care Assistance

- Assistance with daily living including
  - Bathing, Dressing, Grooming, Toileting
- Medication Reminders
- Health monitoring using advanced tools
- Post surgical care (mobility support)

### Companionship And Social Wellness

- Friendly companionship, conversation and shopping
- Assistance with technology
- Engaging activities like puzzles and reading to keep the mind active

### Meals And Activities

- Help with meal preparation and feeding for optimal nutrition
- Light house keeping and household assistance

**LET US TAKE CARE OF YOU IN THE COMFORT OF YOUR OWN HOME!**

### WHY CHOOSE US?

- ✓ 24 hour care
- ✓ Verified, trained and certified professionals
- ✓ Specially trained in Memory Care
- ✓ Building meaningful relationships with your families
- ✓ Daily updates and reports
- ✓ Advanced health monitoring tools

#### ROME

1168 Chulio Rd, Rome, GA 30161

#### CARTERSVILLE

16 Roving Rd, Cartersville, GA 30121

#### JEFFERSON

50 Sumner Way, Jefferson, GA 30549

#### NORCROSS

680 Holcomb Bridge Rd, Norcross, GA 30071



678-280-4670

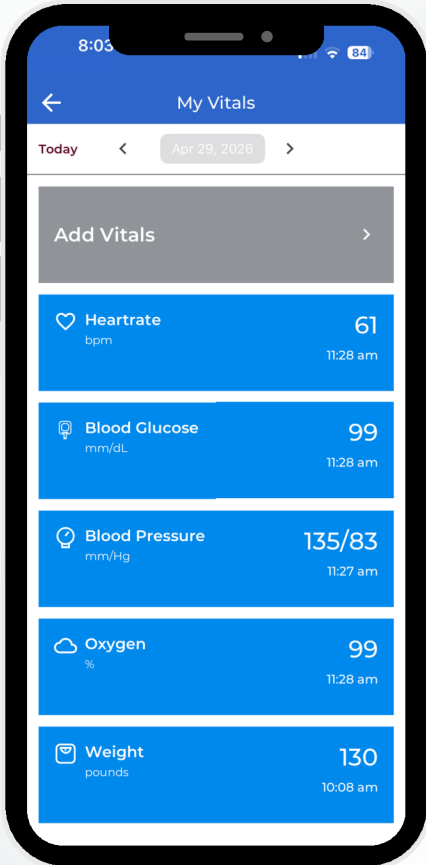


info@highlandshelpers.com



www.highlandshelpers.com

# HIGHLANDS VITAL CONNECT



## WHAT IS HIGHLANDS VITAL CONNECT?

Highlands Vital Connect is an innovative digital health platform that keeps resident health information organized, accessible, and easy to share. Through a secure patient portal and mobile app, residents and their loved ones can stay informed and connected at all times.

## HOW IT WORKS

- Resident data is uploaded to the patient portal
- Residents and families can access information through a mobile app
- Data can be shared with physicians and other healthcare providers

## BENEFITS

- Real-time updates to important health information
- Efficient and informed communication across residents, families, and healthcare providers
- Provides peace of mind for families

## \*KEY STUDY FINDINGS



### IMPROVED OVERALL BP

Over half of residents (55.9%) improved in both systolic and diastolic blood pressure.



### FEWER HIGH-RISK RESIDENTS

Stage 2 hypertension dropped from 32.8% to 19.8% after 12 months.



### MORE RESIDENTS IN HEALTHY RANGE

Normal and high-normal BP increased from 37.9% to 51.6%, showing overall improvement.

